



2019



## Information for Festival Go-ers

### Where and When:

**Friday 20<sup>th</sup> September – registration between 9-10am**

Marwell Activity Centre

Hurst Lane

Owlesbury

SO21 1EZ

Free parking is available but car sharing is applauded!

### What's Happening:

In this guide you will find the Festival planner with all the events and a map to find them on site. To improve your quality of life we have included a blank planner so that you can make your own plan for the day! If you want to know more about the events visit our website – [www.thepbsfestival.co.uk](http://www.thepbsfestival.co.uk) - where you will find a summary of each event and information about our speakers!

Alongside the speaker sessions, we have activities such as tai chi and mindfulness, teambuilding and five a side football for you to get involved in.

Finally we have Change60, a thinktank event to bring together the minds and voices of festival go-ers and challenge you to contribute to the most difficult quandaries the sector faces.

You can pre-book your sessions when you book your tickets through a SurveyMonkey, or at registration – first come basis!

### Food and Drink:

Posh coffee, teas and water will be provided all day from 9am by the lovely Camper Café. Wood fired Pizza and a selection of American style snacks are also available from 11-3pm. All are included in your ticket price.

**Planning to stay:** The festival ends with The People's PBS Awards from 5-6.30pm.

Camping is available at £20 per tent on 19<sup>th</sup> and 20<sup>th</sup>, you need to book this on Eventbrite. Marwell Hotel is offering a discount with #pbsfestival on double and single rooms – limited availability.

**Weather:** Prediction is warm and dry, but please come prepared! We fully encourage festival attire including wellies, flowers in hair and bright colours!



**KEY:**

- Room 101 
- Green Room 
- Talking Hut 
- Skills Tent & Registration 
- Conversation St 
- Think Hut 
- Toilets 
- Information Point 
- Football & Team Building 
- Network Area 
- Pizza 
- Coffee 

Time	Think Hut	Conversation Street	Talking Tent	Skills Tent	Room 101	The Great Outdoors
10:00am						
10:30am						
11:00am						
11:30am						
12:00pm						
12:30pm						
1:00pm						
1:30pm						
2:00pm						
2:30pm						
3:00pm						
3:30pm						
4:00pm						
4:30pm						
5-6:30pm						

A W A R D S



# LEARNING DISABILITY AND AUTISM SPECIALISTS

Supporting those with **learning disabilities and other complex care needs**, we bring a fresh, innovative and consistent approach to the on-going challenges of short and long-term staffing, delivering personalised solutions that meet the specific needs of each and every client.

At the heart of LD Network is **The LD Network Family**. We recruit highly-skilled, exceptional learning disability and autism professionals who regard the people they work with, and the service users they support, as members of the wider LD Network Family. They care about **making a difference** and are proud to support others.

## Continuity of support

We work closely with the service user's network of support including CCGs, local authorities and care providers, to plan and deliver support packages that meet individual needs and aspirations.

All our support staff are **trained in the PROACT-SCIPr philosophy** and are skilled in PBS techniques.

## Our services include:

- short and long-term tailored support for individuals with a range of **learning disabilities and other complex care needs**
- **transitional support** for individuals as they move from a hospital setting back into their own home and community
- **crisis intervention**, prevention and management

OUR GOAL IS TO **SUPPORT PEOPLE WITH LEARNING DISABILITIES AND AUTISM TO SHAPE THEIR OWN LIFE AND LEAD A RICH AND FULFILLING LIFE IN THEIR COMMUNITY**

**We are delighted to sponsor the awards and would like to thank all the professionals within the PBS Network for their dedication in ensuring service users are supported in the right way**

# Life without restraint



## Robert began being supported by Avenues in 2013, after his situation in another supported living service had begun to deteriorate ...

Service manager Mel Bentley explained: "When we started working with Robert, he was extremely anxious and needed five-to-one support to manage his behaviour. He would punch, kick, bite and headbutt; but it wasn't because he wanted to hurt anyone – he was just so distressed and didn't know how to control or communicate it. "He would destroy property, climb walls and run away, so the demands on support were incredibly high - he was being restrained multiple times each day, as well as being prescribed older style antipsychotic medication, which

ultimately just added to the problem. "We all believed this could change, and he could be happier and healthier. By finding effective ways for us all to communicate, and working with his family, we began to really understand his personality and the routines he wanted to follow. "All this work still goes on every day and I'm so proud of Robert and his support team. "He hasn't had any antipsychotic medicine for two years, been restrained for 18 months and his support needs have halved."

For more information about Avenues support, call us on 020 3535 0500 or email [info@avenuesgroup.org.uk](mailto:info@avenuesgroup.org.uk)





## Meet the Dimensions PBS Team

Speaking at 10am in the Talking Tent and  
12.30pm in the Think Hut

Dimensions has invested in an in-house Behaviour Support Team for over a decade. 20 Behaviour Consultants make up the team, all of whom are **educated to MSc level** in the technology underpinning Positive Behaviour Support (PBS). Eleven of our Consultants hold the BCBA credential, and all are PROACT-SCIPr-UK© instructors.



Our team focuses on strategies that help people to lead full lives in the community and avoid more costly interventions. These strategies include; trigger reduction and technical strategies aimed at teaching people new skills.

In 2018, in recognition of our work on our model of support, Activate, we received the **BILD award for innovative practice in PBS**. Activate grew out of a study with the Tizard Centre and the Challenging Behaviour Foundation on Setting Wide PBS. To find out more, speak to any of our Dimensions team at the festival Or email: [nick.barratt@dimensions-uk.org](mailto:nick.barratt@dimensions-uk.org) or search 'PBS services' on our website [www.dimensions-uk.org](http://www.dimensions-uk.org) or enter your postcode to find your local contacts.

## Proving life can get better

Dimensions (UK) is a charitable registered society number 31192R. Building 1430, Arlington Business Park, Theale, Reading RG7 4SA. August



**Active Prospects is specialist in supporting people with a learning disability and complex care needs. We shape our services around each person and ensure their health, social care, community needs and aspirations are embraced and progressed.**

We are a leading provider of Transforming Care services in Surrey, working closely with the NHS and health and social care commissioners, we have recently developed five new services to support bespoke local offers for local people. We are a trusted partner and have a track record of supporting people to flourish.

[www.activeprospects.org.uk](http://www.activeprospects.org.uk)

## Case Study

Hannah\* came to Young Prospects emergency short breaks service when her previous placement reached crisis point. She exhibited behaviours of concern, often with several incidents each day. She used a wheelchair when out in the community.

Staff got to know her, her triggers for behaviours of concern, and effective calming techniques such as sensory stimulation. They organised specially fitted shoes which meant Hannah was able to start to enjoy the freedom and independence of going for walks or spending time in the garden.

Over time, with a consistent approach, Hannah's incidents of behaviours of concern reduced in number and intensity. Thanks to NHS capital grant funding, we were able to buy a bungalow with a secure garden and adapted it to suit her needs. She has just moved in to her new home, along with another young person with similar needs, and she is thriving.



# Pro-Active Community

- We are award winning for co-production work
- We give people a voice and shape our lives together
- We are all people with lived experience
- We elect a Committee to run our organisation
- Currently 40 people attend our meetings fortnightly to discuss issues that affect our lives, representing the views of people locally with membership of over 300 people and now run quarterly meetings for a wider audience
- We run other meetings in other parts of Surrey and invite everyone along
- We all have an equal voice...
- We use different communication methods so everyone can talk...

## Alan, member of the Pro-Active Community

“We work together and all have a voice. I especially like the bit at the end where we share what good things have happened to us this makes me feel warm. The Pro-Active Community supported me to get a cleaning job which is paid work and helped me with my application and interview techniques.”



## We offer:

- Quality Checker Training and visit days
- Activities
- Quarterly meetings - everyone can have their say

Visit our website for more information

[www.proactivecommunity.org.uk](http://www.proactivecommunity.org.uk)

# Positive Behaviour Support

Achieve together

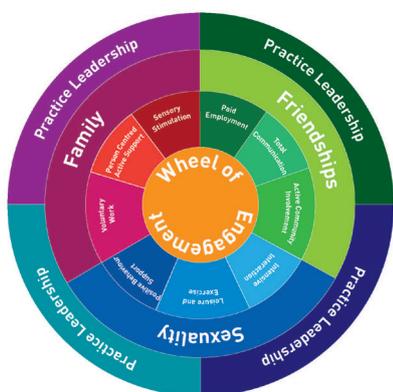
Achieve together, formerly CMG & Regard, are proudly passionate about our focus on Positive Behaviour Support, and the outcomes that people have achieved and continue to achieve in their lives, as a result of personal determination, and the approaches within a Positive Behaviour Support Framework.

Central to all our work is a focus on relationships, and rapport with our Wheel of Engagement positively influencing our support to each person to enjoy meaningful, healthy and fulfilled lives. This requires supporting and guiding skilled and positively motivated support teams, which is a key role of our expanding Clinical and PBS Teams.

"I could not be more proud of the PBS Team that has evolved to support our PBS Strategy and our support teams. Including the best practitioners in the UK, the team provide specialist and bespoke assessment, ongoing support and education to ensure we can deliver excellent personalised support. We are constantly learning, sharing and improving, engaging in regional and national networks to ensure we can provide the best possible evidence based support." Michael Fullerton, Clinical Director

This includes our internally developed and BILD accredited PASS+PORT training pathway.

Our Clinical Team provides a multi professional approach to ensure we concentrate in a skilled and informed way to the wider needs, strengths and difficulties faced by people we support.



## Achieve together

"Staff supported people in a proactive and positive manner to find ways of managing their anxieties in order to maximise their opportunities. Through detailed planning and organisation, staff supported people to take risks and achieve things which had previously been seen as unattainable. Relatives felt that people's lives had improved and been enriched by living at Tuscany House."

From CQC report 15th August 2019.

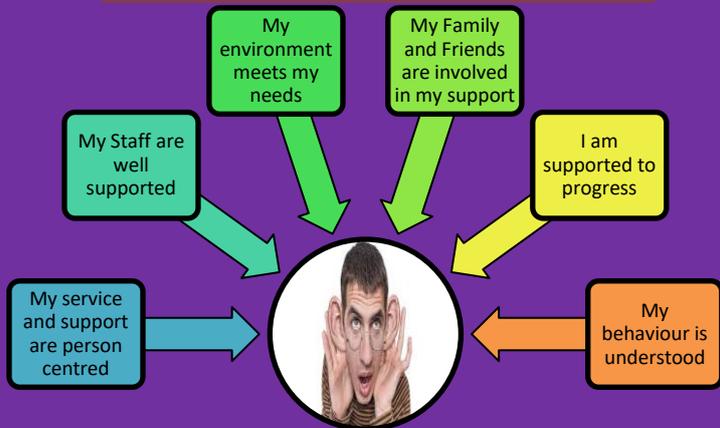
We succeed only by working in close partnership with the people we support, and their families. We actively listen to the Campaign 4 Change self-advocacy group, and the Relative Checker Team, who provide quality assurance support to the organisation.

As we move forward, the Wheel of Excellence will be a key focus to ensure that we consistently and positively work to Achieve together.

# COLLABORATION FOR QUALITY IN SURREY

## Surrey PBS Quality Experience Tool (QET)

### The 6 QET Outcomes



- PBS AWARE** – services that provide good quality person centred support to individuals AND are PBS ready.
- PBS ACTIVE** – services that provide good quality person centred support, are PBS ready AND have additional training in PBS for individuals that are at risk of behaviour that may challenge
- PBS SPECIALIST** – services that provide functional assessment and detailed PBS plans and implementation, data evidenced support and additional training and support for staff.

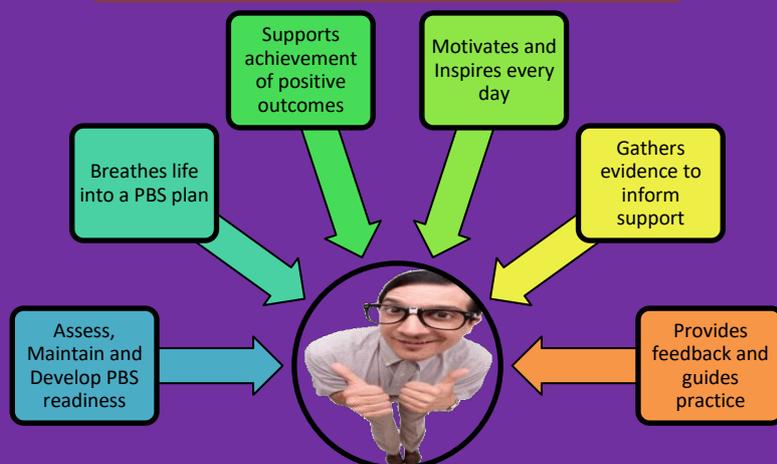
The QET is based on 'Improving the quality of Positive Behavioural Support (PBS): The standards for service providers and teams' completed by The PBS Academy in 2017. The QET is intended to be capable of both assessing current experience of an individual and providing a framework to improve upon existing quality. Support to complete the tool is provided by the SPBSN and a list of services completing the tool will be compiled and shared plus a logo or kitemark awarded to the service on completion. The QET is measured through detailed questionnaires for families, staff, the person receiving support and professionals involved in their care, alongside data gathering tools that evidence support provided regularly and consistently.

## Surrey PBS Coaches Programme

**52** coaches from **27** provider organisations and adult social services teams in the county have embarked on an 8 month programme of training and practice based development.

Funded by **HEE** and written collaboratively by PBS professionals from **5** provider organisations, **2** family carers and **1** commissioner.

### Who is a Surrey PBS Coach?



The Surrey PBS Network was proudly supported in the design and implementation of these two initiatives by – Surrey County Council, Care Management Group, Consensus, Dimensions, Choice Care Group and Pathways for Care

THIS IS *ME*.....

BE THE DIFFERENCE

LEARNING DISABILITY NURSING



LD Nursing

JO.WELCH@WINCHESTER.AC.UK



UNIVERSITY OF  
**WINCHESTER**



## Thanks to our Sponsors, Speakers and Volunteers!

The PBS Festival only happens because of the passion, commitment and generosity of our Sponsors, Speakers and Volunteers! So a big PBS Festival heartfelt thank you to:

Jen Fookes, Tom Moore and David Miland – Surrey PBS Network

Adele Carter, Sam Corbett and the army of volunteers - Dimensions

Peter Kinsey, Michael Fullerton, Lilli Murdoch, Daniel Morrison & PBS team – CMG Regard

Jonathan Beebee and the very patient Cristina – PBS4

Maria Mills, Jade Vallance, Rebecca Lordan and Lynsey Way – Active Prospects

Patrick Behan – PBS UK

Becki Crofts, Chris Steel, Day Wells and Helen Clegg – Avenues

Joanne Coulson – Supporting Positively

Ashleigh Fox – Nurseline

Pen Clark

John Godden – Pathways

Lara Bywater – LDC Care

Health Education England

Trudy Perkins and her volunteer squad – Dolphin Care

Mark Barrett – Wessex Regional Care

Roy Deveau

Janet Gurney and her inspiring colleagues – Us in A Bus

Julie Eshleman, Gillian Nethell, Pro-Active Community, Luke Watts, Kelly Avery, Ricky Callow, Sophie Le, Erin Allen, Andy Bamber, Lucy Gwilim, James Bowler, Hannah and Zana – Makaton, Jimmy Ridley, Samara Moore, Dave Lewis & Voke Okere, Jenna Symanski, Patricia Reynolds, Scott Bridger, Anne, Nancy and Steve – Us in a Bus, Jay Barter, Michael James and David Anderson – Our Speakers!!!!



***It takes a village***